



HOW TO TEACH YOUR CAT TO LOVE CAR RIDES

INTRODUCTION

Hello, my cool Cats,

We are Julie, Daniel & Nala from [@Somewhat.Gypsea](#)

We have just completed our Lap of Australia & are currently in Europe undertaking a Vanbuild ourselves with the help of our little assistant Nala (our rescued cat).

As you imagine road-tripping Australia for two years with Nala we have learned valuable tips & gain priceless first-hand experience on how to Travel with a cat.

Too valuable to keep for ourselves, So if you are looking for some hot tips on how to join the Adventure Cat Movement these free guides are for you!

We hope they inspire & help you the same our Community Inspired us to Start Exploring ;)

1: INTRODUCTION

- Take your Kitty to your car, first keep the doors open so your cat can come in and out of it (either have your cat on a leash while doing so or in an enclosed garage to avoid any escapes). Allow your cat to explore the car and sniff around.
- Leave your Cat backpack/ carrier in the car (only if your Kitty knows this is a safe place). Encourage your Cat to get in the backpack by making it feel homey.
- Don't forget to give your cat all the encouragement needed whether it is with positive reinforcement or treats.

2: MOVE IN

- Get in the car with your Kitty & close the doors. Play with your Cat in the car (this will distract your kitty from what is happening), give pets & use rewards for being cooperative. Slowly increasing the amount of time spent in the car. Keep doing that until your Cat is at ease in the car.
- Another good thing to do is without moving the car just turn it on, to familiarise your cat with the sound (especially if it is a diesel engine), again do not move the car unless it is a step your cat is comfortable with and your cat is safely positioned in their carrier or seat belt harness.

3: LET'S ROLL

Once your cat is comfortable with the car and its sound it's time to roll.

Ensure Kitty is safe either in the carrier or in the seat belt harness (to avoid your Cat becoming a projectile in case of an accident) then you can slowly roll on.

Start with really short rides, in & out of the driveway or around the block for example.

Like with the previous steps slowly increase the amount of time spent driving each time & reward your Cat for cooperating.

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4: CONSISTENCY IS

Ride often, and don't let your Cat forget all the progress made.
So take your best friend with you as often as possible.

HOT TIPS TO PREPARE FOR THIS TRAINING:

One way to avoid your cat being hyperactive while you're on the road is to play with your cat before the adventure.

Avoid feeding your cat before hitting the road to be less likely to have your Kitty have motion sickness. Your veterinarian can also help with some calming medication or a pheromone spray, but that is something to discuss with a professional.

For longer rides make sure you have a regular break to ensure your cat stays hydrated. Ensure your cat stays at a good temperature. Be prepared for bathroom breaks, you can even use a portable litter box.

⚠️ We recommend getting your Cat Car Trained at a time when you are not due for any Veterinary visits, especially if your cat doesn't like the Vet. This is so your Cat does not associate the two as the same thing.

Never leave your Cat in the car unattended !